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https://video.elaion.ch?video_by_id=PCTgAUkispKc

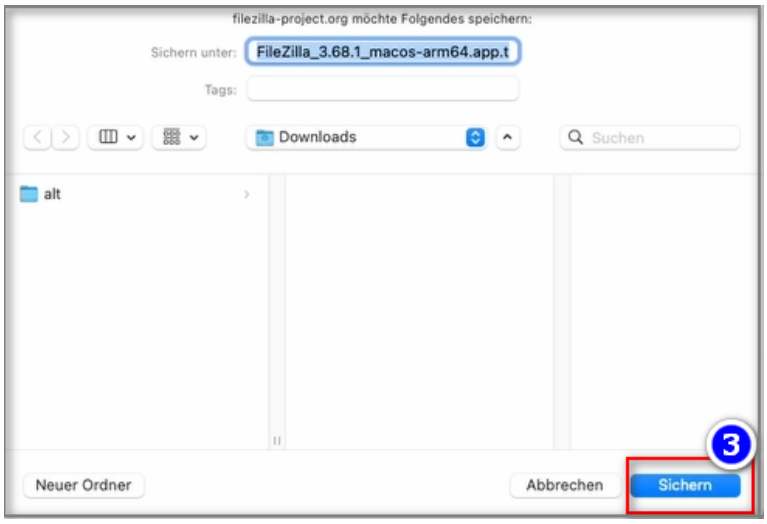
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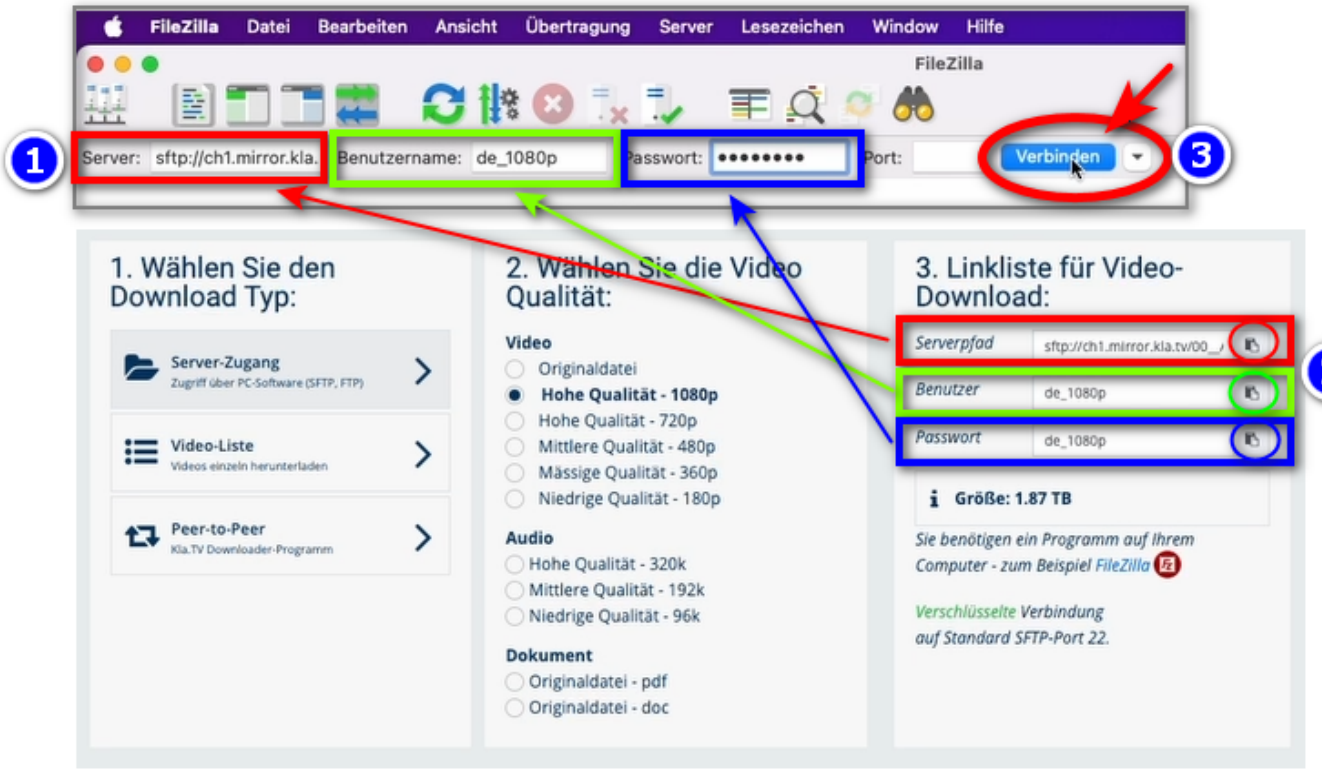




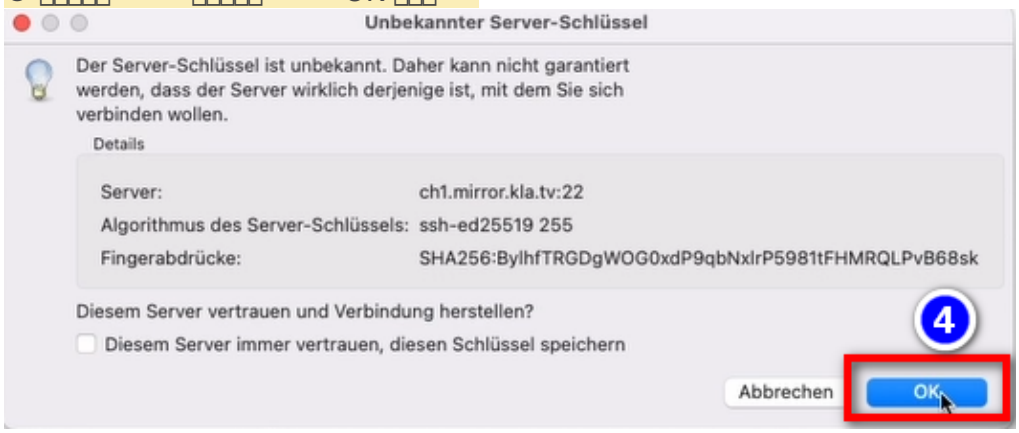
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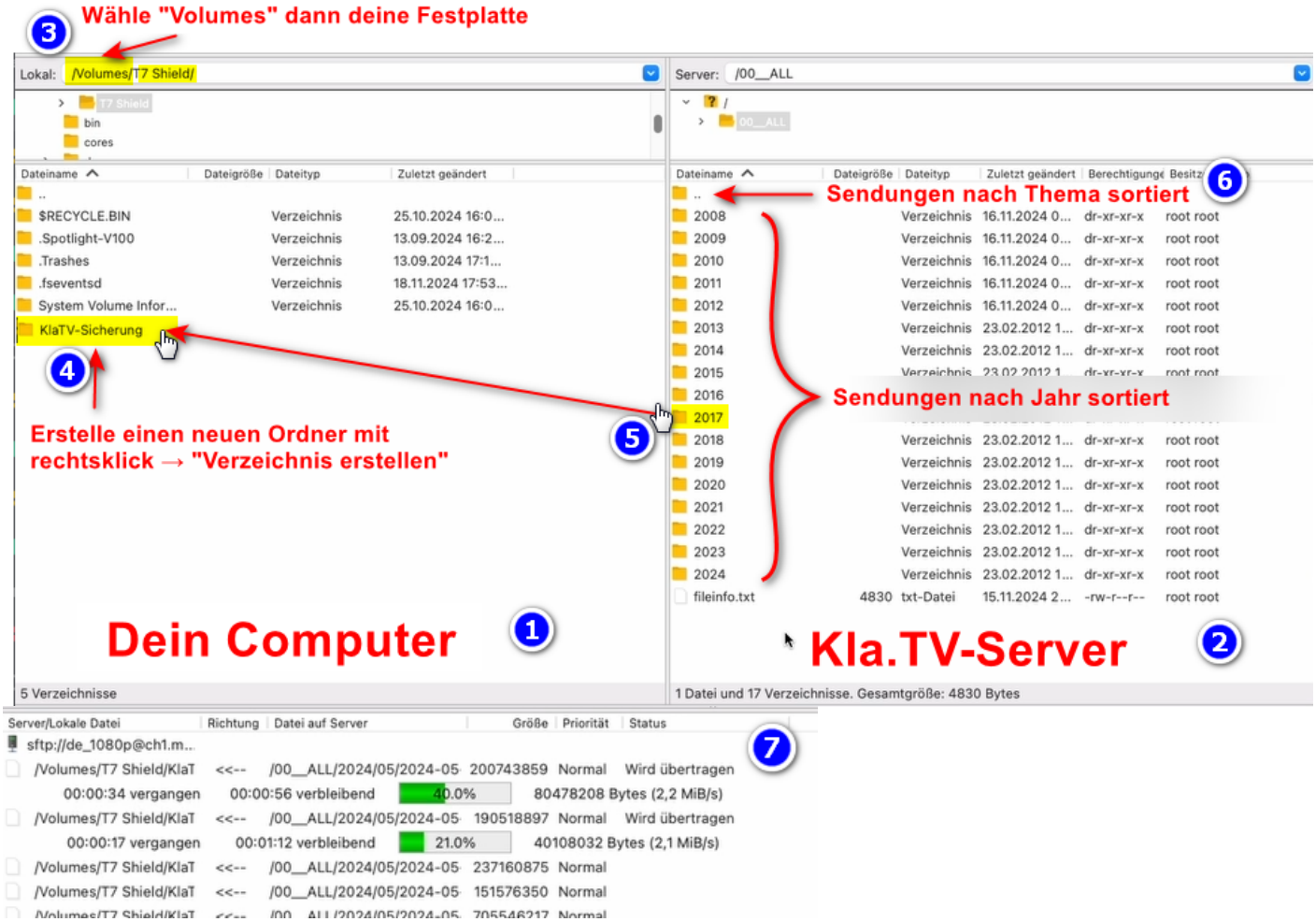
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4. □□□□ □□□□□

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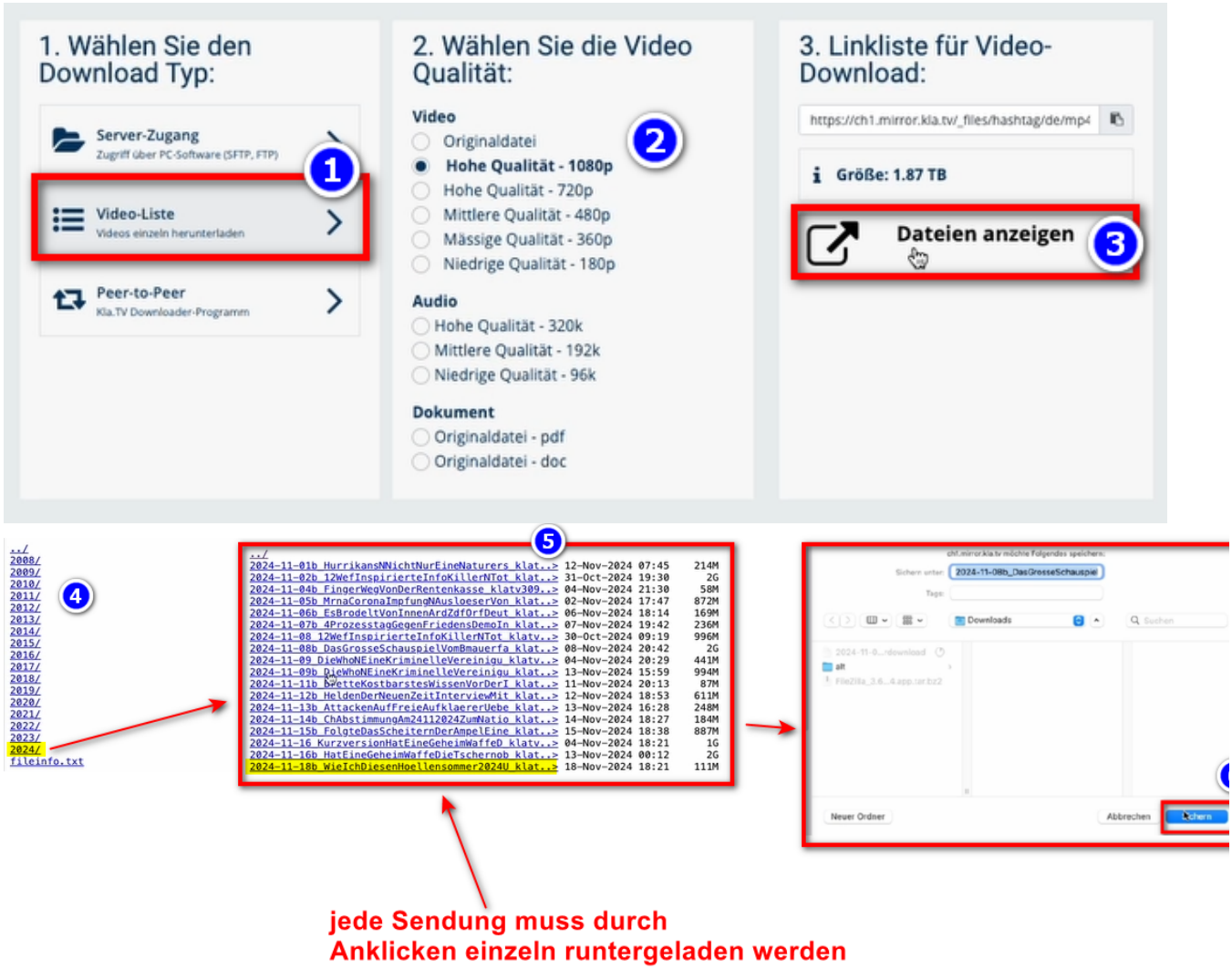
→ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → ***Geschwindigkeit von Filezilla begrenzen***



5. [illegible] - [illegible] [illegible] [illegible] [illegible]

- [illegible] **kla.tv/sichern** [illegible] → ❶ [illegible] [illegible] → [illegible] ❷ [illegible] [illegible] → ❸ “[illegible] [illegible] ” [illegible]
- [illegible] [illegible] [illegible] [illegible] /[illegible] ❹ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] / [illegible] [illegible] [illegible] ❺ Send [illegible] ❻ [illegible] “Save” [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

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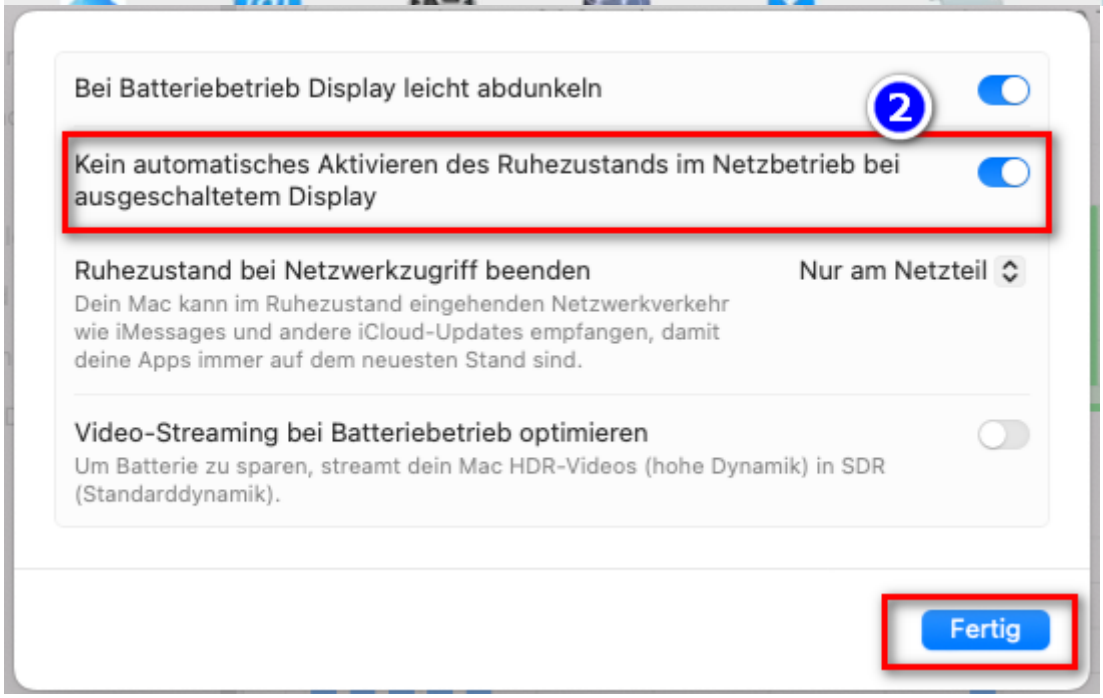


6. [redacted] - [redacted]

[redacted]

- [redacted]
- [redacted]

- 
Systemeinstellungen
Suchen
Allgemein
Schreibtisch & Bildschirmschoner
Dock
Mission Control
Sprache & Region
Sicherheit
Spotlight
Monitore
Energie sparen
Tastatur
Maus
Trackpad
Drucker & Scanner
Ton
1


Bei Batteriebetrieb Display leicht abdunkeln
2
Kein automatisches Aktivieren des Ruhezustands im Netzbetrieb bei ausgeschaltetem Display
Ruhezustand bei Netzwerkzugriff beenden
Nur am Netzteil
Dein Mac kann im Ruhezustand eingehenden Netzwerkverkehr wie iMessages und andere iCloud-Updates empfangen, damit deine Apps immer auf dem neuesten Stand sind.
Video-Streaming bei Batteriebetrieb optimieren
Um Batterie zu sparen, streamt dein Mac HDR-Videos (hohe Dynamik) in SDR (Standarddynamik).
Fertig

[illegible] [illegible] [illegible] [